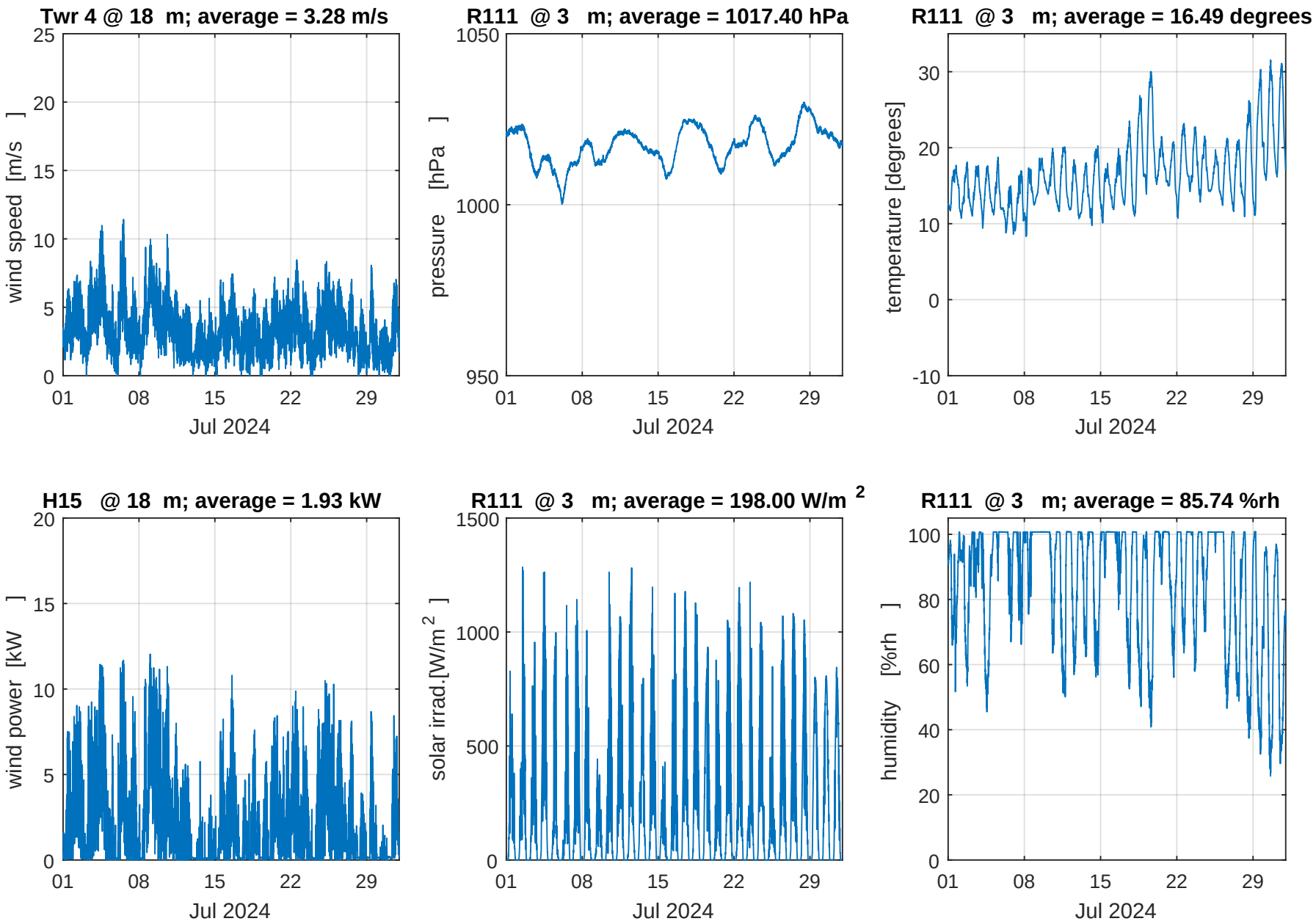ERU met data for Jul 2024; summary